

SOCIAL CONNECTION GROUPS

Creatively growing awareness of self and others to support social confidence



WHAT ARE SOCIAL CONNECTION GROUPS?

Social Connection Groups support young people with Autism Spectrum Disorder (ASD) to connect with others and have fun. Groups are structured to support co-operation, emotional regulation, imagination, communication and problem solving. A child and youth centred approach is used where the age and stage of each group member is considered and individual goals are set.

WHAT DOES SOCIAL CONNECTION GROUPS OFFER?

- The opportunity to develop social confidence through creative co-operative team building activities
- The combination of child development, drama, music, and arts therapy as well as cognitive behavioural therapy theories where appropriate
- A sense of belonging is encouraged by providing a supportive environment where self esteem and an awareness of self and others can flourish
- Groups by ages are offered in New Lynn on Fridays afternoons only

Type	Age
Play Programmes	5 -7 yrs
Friendship Groups	8-10 yrs
Youth Programmes	11-13 yrs
	14-16 yrs

DETAILS

PHONE: 0800 273 7587

E-MAIL: specialist.support@idea.org.nz

WEBSITE: www.ihc.org.nz/our-services/asd-auckland-services/

LOCATION: Groups will be run in New Lynn on Friday afternoons only

COST: \$350 for 9 group sessions – a portion if the fees can be paid with carer support