



The Smile Club



ihc
IN YOUR COMMUNITY



You can make a real difference in the lives of people with intellectual disabilities.

Intellectual disabilities affect people in different ways. It might mean people have a hard time learning and processing new things, and thinking through problems. Having an intellectual disability means that, since childhood, the person has had a reduced ability to cope independently and has needed support.

Satisfying lives in the community by:

- running a volunteer programme providing friendship and skills-based training,
- providing essential resources to individuals and their families,
- advocating for their rights and
- helping the families of people with autism.



With your IHC Smile Club monthly gift you will:

- make a real difference in the lives of people with intellectual disabilities
- get three newsletters describing the work and the people you are supporting
- receive a tax receipt and an annual update in April every year. You can use this receipt to claim up to 33% of your donations with IRD.

How you can connect with us:

- Donate online at ihc.org.nz/donate
- Call us on 0800 746 444
- Email us at smile.club@ihc.org.nz
- Write to us at PO Box 4155, Wellington 6140
- Follow us on Facebook
[Facebook.com/IHC.New.Zealand](https://www.facebook.com/IHC.New.Zealand)
- Follow us on Twitter
[@ihc_new_zealand](https://twitter.com/ihc_new_zealand)

Please let us know if your contact details change, so we can stay connected.