

# FUTURE PLANNING FOR YOUNG PEOPLE

*Everyone has a dream – rekindle yours and make it a reality*



## WHAT IS FUTURE PLANNING?

- Develop a vision for the future and a plan that works towards goals
- *Future Planning* helps to ensure goals are achieved and that the person is able to live the life they wish for

## WHAT IS OFFERED?

- An experienced facilitator assists the young person to articulate his/her vision using a creative planning tool called a PATH (Planning Alternative Tomorrows with Hope)
- The PATH process helps develop the steps towards creating the life the young person wants to live
- Two meetings are held to increase the understanding of desired goals and how to get there

## WHO WILL BENEFIT FROM 'FUTURE PLANNING'?

Young people who:

- Seek more meaningful opportunities in their lives and would like to set goals.
- Have parents, support people or carers who want to create change in the life of their family member

## DETAILS

PHONE: 0800 273 7587

E-MAIL: [specialist.support@idea.org.nz](mailto:specialist.support@idea.org.nz)

WEBSITE: [www.ihc.org.nz/our-services/asd-auckland-services/](http://www.ihc.org.nz/our-services/asd-auckland-services/)

LOCATION: IDEA Services Office, Level 3, 1 Rankin Ave, New Lynn, Auckland, 0600

COST: \$480 - The price covers two sessions that are approximately two hours each and a graphic artist to draw the plan.